



National Open University of Nigeria
Plot 91 Cadastral Zone, Nnamdi Azikiwe Express Way
Jabi, Abuja
Faculty of Education
2025_2 EXAMINATIONS

Programme: B.Ed

Course Code: EDU 421

Course Title: Fundamentals of Guidance and Counselling

Credit Unit: 2

Time Allowed: 2 Hours

Instruction: Answer question one and any other two questions

Question 1

- (a). Discuss five (5) obstacles to the effective implementation of school guidance programmes in secondary schools in Nigeria. (15 marks).
- (b). Discuss five (5) guidance services of the guidance programme that are provided in secondary schools in Nigeria. (15 marks).

Question 2

- (a). Describe the concept of “career information”. (5 marks).
- (b). Briefly explain five (5) strategies a school counsellor can use to disseminate career information to students in secondary schools. (15 marks).

Question 3

- (a). Explain the concept of eclectic approach in counselling. (5 marks).
- (b). Write short notes each of the following:
 - i. Vocational guidance (5 marks).
 - ii. Educational guidance (5 marks).
 - iii. Persona-social guidance and counselling (5 marks).

Question 4

Trace the history and development of guidance and counselling, highlighting its introduction into Nigeria. (20 marks).

Question 5

Justify the importance of including parents in the guidance programmes of Nigerian secondary schools. (20 marks).