



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
Faculty of Education
Department of Human Kinetics & Health Education
2025_2 EXAMINATIONS

COURSE CODE: HED 322
COURSE TITLE: Drug Education
COURSE UNITS: 2C
TIME: 2HOURS

INSTRUCTION: Answer question one (1) and any other two.

Question 1 (Compulsory - 30 marks)

Discuss the following terms:

- i. Polydrug use – Define and explain the concept, including its impact on health. (10 marks)
- ii. Tolerance – Define drug tolerance and discuss how it develops in individuals. (10 marks)
- iii. Psychological problems associated with drug abuse – Explain the psychological consequences of substance abuse.

(10 marks)

2. Explain the following concepts:

- i. Peer group influence – Discuss how peers can impact an individual's behavior, especially in the context of substance use. (10 marks)
- ii. Gaining social acceptance – Explain this concept with relevant examples, including how it relates to drug use and societal behavior. (10 marks)

3. What is the status and classification of the following drugs?

- i. Tranquilizers – Define tranquilizers and explain their medical and non-medical use. (10 marks)
- ii. Amphetamines (Dexedrine) – Discuss the status, effects, and medical use of amphetamines.

(10 marks)

4a. Discuss the life cycle of Hashish – Explain its cultivation, production, and effects on the user. (10 marks)

4b. Explain how much caffeine is required to enhance performance, including its effects on the body. (10 marks)

5a. Discuss the possible methods for rehabilitating an alcoholic, including therapy and support.

(10 marks)

5b. Outline preventive strategies for drug abuse, including specific prevention programs. (10 marks)