



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
FACULTY OF EDUCATION
DEPARTMENT OF HUMAN KINETICS & HEALTH EDUCATION
2025_2 EXAMINATIONS

COURSE CODE: HED 324
COURSE TITLE: VITAL STATISTICS
COURSE UNITS: 2C
TIME: 2HOURS

Instruction: Answer question one (1) and any other two.

- 1a. Describe and provide examples of the four (4) main categories of epidemiological studies. (10 marks)
- 1b. Define what constitutes a health record. (5 marks)
- 1c. Analyze five (5) challenges associated with data collection and management of vital statistics in Nigeria. (15 marks)
2. Explain the sources of vital statistics, providing relevant examples to illustrate your points. (20 marks)
3. List and explain ten (10) characteristics of a healthy person, providing examples for each. (20 marks)
4. Discuss the significance of vital statistics for individuals and the nation, highlighting its importance for Nigeria. (20 marks)
5. Describe the major forms of sampling techniques used in research and their applications. (20 marks)