



NATIONAL OPEN UNIVERSITY OF NIGERIA

University Village, Plot 91, Cadastral Zone,
Nnamdi Azikiwe Express Way, Jabi, Abuja

Faculty Of Education

Department Of Human Kinetics

2025_2 EXAMINATIONS

Programme: TEST ITEMS DEVELOPMENT

Course Title: SKILLS /DEVELOPMENT AND TECHNIQUES

Course Code: KHE 313

Credit Unit: 2

Time Allowed: 2 HOURS

INSTRUCTION: Answer question one (1) which is compulsory and any other two options provided

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| 1a. | Describe the historical development of High Jump. | 10marks |
| 1b. | Explain the skills in the performance of high jump. | 10marks |
| 1c. | Discuss the materials needed for high jump and briefly explain any four of them. | 10marks |
| 2a. | Summarize the essential historical background of Badminton in Nigeria. | 10marks |
| 2b. | Discuss the rules governing the correct performance of the high jump. | 10marks |
| 3a. | Draw a large labeled diagram of a Badminton court. | 10marks |
| 3b. | Explain the Badminton materials and their functions. | 10marks |
| 4a. | Describe the skills in the performance of Volley Ball. | 10marks |
| 4b. | State the rules of hurdles' race performance. | 10marks |