



NATIONAL OPEN UNIVERSITY OF NIGERIA
PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA,
FCT
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2025_2 EXAMINATIONS.

PROGRAMME: BACHELOR OF NURSING SCIENCE
COURSE CODE: NSC 301
COURSE TITLE: HUMAN BEHAVIOUR IN HEALTH AND ILLNESS
COURSE CREDIT UNITS: 2 UNITS
TIME ALLOWED: 1 ½ HOURS
TOTAL SCORE: 70 MARKS

Instruction: Answer All the Questions

Q1. The term behaviour generally refers to the actions or reactions of a person or animal or plant in response to external or internal stimuli.

- a. Explain three (3) basic principles guiding behaviour (15 marks)
- b. Describe five (5) features of human behaviour (5 marks)

Q2. Describe the following theoretical approaches to health and illness behaviour

- a. Social learning model
- b. Fishbein's theory of reasoned action
- c. Health belief model
- d. Attribution model (5 marks each)

Q3.

- a. What do you understand by preventive health behaviour (10 marks)
- b. Explain four (4) determinants of preventive health behaviour (10 marks)
- c. Discuss the major trends in preventive health behaviour (10 marks)