



NATIONAL OPEN UNIVERSITY OF NIGERIA
PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA,
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2025_2 EXAMINATIONS

PROGRAMME: BACHELOR OF NURSING SCIENCE

COURSE CODE: NSC303

COURSE TITLE: CONCEPTS AND STRATEGIES IN PUBLIC COMMUNITY HEALTH

COURSE CREDIT UNITS: 2 UNITS

TIME ALLOWED: 1 HOUR 30 MINUTES

TOTAL SCORE: 70 MARKS

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

1. The World Health Organization categorises health into the physical, mental and social dimensions.
 - a. Write concise notes on the following dimensions of health (9 marks);
 - i. Physical dimension
 - ii. Mental dimension
 - iii. Social dimension
 - b. List and briefly discuss any five (5) determinants of health (15 marks)
 - c. Differentiate between personal health and community/public health activities (6 marks)

Question 2

2. A theory/model is a representation of a system that specifies its components and relationships among the variables. Discuss the following theories of disease causation of ancient views to 19th century (5 marks each);
 - a. Demonic theory
 - b. Punitive theory
 - c. Humoral theory
 - d. Contagion theory
 - e. Personal behaviour theory

Question 3

3. Primary health care is widely seen as a strategy to achieve health for all.
 - a. Discuss the concept of primary health highlighting the key historical antecedents and milestones. (5 marks)
 - b. List and discuss any two (2) principles of primary health care (5 marks each)