



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
2025_2 EXAMINATIONS

COURSE TITLE: COMMUNITY MENTAL HEALTH

COURSE CODE: PHS505

COURSE UNITS: 2 UNIT

TIME ALLOWED: 1 ½ HOURS

TOTAL SCORE: 70 MARKS

INSTRUCTION: ANSWER ALL THE QUESTIONS

- 1.a. As community health practitioners, list the guidelines for self-protection when dealing with aggressive patients (10 marks)
- 1.b. What are the methods of Combating Drug Abuse and Drug Addiction (12 marks)
- 2.a. What is the core purpose of rehabilitation for individuals with chronic mental health conditions (13marks)
- 2.b. State 5 causes of Symptomatic Epilepsy (10 marks)
- 3.a. What are the roles and responsibilities of Community Health Practitioners in managing patients on antipsychotic (psychotropic medication) (20 marks)
- 3.b. Define what a therapeutic community is and state its key elements. (10 marks)
3. c. List the Classes of Mood Disorders (5 marks)