



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
2025_2 EXAMINATIONS

COURSE TITLE: School Health (PHS821)

COURSE UNITS: 3 Units

TIME ALLOWED: 3 Hours

TOTAL MARKS: 70%

INSTRUCTION: Answer all the Questions

QUESTION 1 (25 marks)

- 1a. What is school health and explain its importance in promoting educational outcomes. (10 marks)
- 1b. Discuss the five components of the school health programme as outlined in the Nigerian National School Health Policy. (15 marks)

QUESTION 2 (25 marks)

- 2a. Briefly explain the objectives of the school health programme in Nigeria. (12 marks)
- 2b. Discuss the role of the school health programme in preventing and controlling communicable diseases within the school environment. (6 marks)
- 2c. Explain how a skill-based health education initiative contributes to improving the health of school children. (7 marks)

Question 3 (20 marks)

- 3a. Explain the goals and objectives of school health services as outlined in the Nigerian National School Health Policy. (6 marks)
- 3b. Describe the role of the school health center in ensuring effective health services within the school community. (8 marks)
- 3c. List and explain the key minimum requirements for setting up a functional school health center. (6 marks)